

Rocky Mountain Dance Team

Workshop 2021

Freshman, JV & Varsity High School Dance Teams

August 14, 2021

At Valor Christian High school

Cost: \$105.00 per athlete



Varsity:
check in @
8:00am
Classes from
8:15-1:30pm

JV/Freshman:
Check in @
1:30pm
Classes from
2:15-7:30pm

***Customized classes to improve every dancer!**

***Guest teachers from Ruckers, LSU, ASU, Tennessee, Minnesota, & University of Michigan**

***Top Choreographers include Katie Fear Lane & Barry Youngblood**

Red Group

Pom
Hip Hop
Gameday
Contemporary
Captains Corner
Audition Pro

Blue Group

Pom
Hip Hop
Jazz
Terrific Technique
Jumps
Partnering & Lifts

Yellow Group

Pom
Hip Hop
Tricks
Kick line
Flexibility
Turn Sections